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2016-2017 State Executive Council

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Articles & Letters Welcome for Publication

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Fall Leadership Conference

Cheyenne Harris, Vice President of Membership

This year's Fall Leadership Conference will revolve around "The Sweet Side of FCCLA," and it will be held in Lansing at the Lansing Center on Tuesday, November 1st, 2016. Whether this is your very first FLC or just another one to add onto your list, you're guaranteed to have a blast!

Your state executive council has been working hard all summer to come up with the delicious and eventful schedule planned for you!

Be sure to come prepared to learn all you can! This year we're doing things a bit differently; we will begin our day with workshops first. In these workshops, my fellow state officers and I will be talking to you about being a leader, the importance of teamwork, and giving advice on running for state officer, along with other informational speakers talking about a variety of topics. From workshops, we then dive into lunch where you are able to mix and mingle with people from schools all over Michigan as well as eat lunch with your fellow state officers and ask us any questions you may be itching to

ask. This gives you the opportunity to gain a little knowledge and insight from the ones who have been through it and can tell you all about it. As lunch concludes, our opening ceremony begins with a skit performance before we hand the conference over to FOCUS training. You will get to hear from a great motivational speaker, break out into groups, and again get the chance to interact with other FCCLA students

from different schools as well participate in team bonding activities. A lot of the people you meet here, you will see

UP to the
 Sweet Side
 of Michigan FCCLA
 November 1 • Lansing, Michigan

again in March at the State Leadership Conference so it's a good idea to form relations early. The Fall Leadership Conference is open to anyone, which means you do not have to be a part of FCCLA to come. It is encouraged that you bring a friend along to convince them how great of a program FCCLA is and to join. The only requirement for Michigan FCCLA is that you have to have taken a Family Consumer Science class, Teacher Cadet Program, or Early Childhood Education Program in your high school or middle school.

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National Leadership Conference

Thomas Ankley, State President

The 2016 FCCLA National Leadership Conference was held in sunny San Diego. FCCLA comes together in a location around the country once a year, this year reaching out to 8,500

young leaders. It was a great experience to be able to be the state president and to be able to network with others who not only hold the same position, but the same passion that I have for the organization. Presidents from states across the country came together to put on an amazing show, the flag ceremony at the opening general session. Being the representative from our state association was truly a humbling and an inspirational experience.

One hundred eighteen young leaders from our state participated in STAR Events. As a state, we did exceptionally. Being one of the 9 people from my school to go to the National Leadership Conference meant so much to me. This was my first year competing in a STAR Event, and I have learned so much. Due to there being so many STAR events to choose from, I was left with the difficult decision to decide what would be best suited for me. When I finally presented in my event, I had a newfound confidence of talking in front of people. I have gained so many skills through FCCLA and have been able to showcase these skills at the National Leadership Conference.

Michigan FCCLA had the highest membership increase in the Central Region thanks to all of the hard work

and dedication from our members and our advisers. We were awarded a plaque, and it meant a lot. We are striving toward new horizons in the state of Michigan. One of the most important things learned from the National Leadership Conference was the importance of networking; giving a simple “hello” can truly go a long way.



At the National Leadership Conference there are trading pins. Each state will either hand craft or order pins, and these pins are collected by pretty much everyone. While networking, there are so many opportu-

nities to spark ideas for chapter meetings or even state conferences. Many extraordinary people with amazing ideas come together to make the National Leadership Conference truly tremendous. There is so much to do at the National Leadership Conference from tours, to going to the zoo, to even sitting on the pool deck soaking up some sun. There were workshops for everyone. There was even a FCCLA store to get all the FCCLA gear you can imagine. The exhibit hall had many companies that give ideas for fundraisers, college information, and especially merchandise that will give memories that will last a lifetime.

There were so many places to go and see. There was never a dull moment at the National Leadership Conference. FCCLA and the National Leadership Conference gave me the opportunity to travel to Washington D.C. last year, this year to San Diego, California, and hopefully I will be able to travel to Nashville, Tennessee for next year’s National Leadership Conference.



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What Is Power of One?

Casey Hulbert, Vice President of Community Service

FCCLA's "Power of One" is a way to manage and carry out goals successfully. "Power of One" gives the opportunity to reach goals spurred by personal concerns. The "Power of One" project must relate to Family and Consumer Science courses as well as FCCLA. The best way to begin is to identify the goal, plan the project, meet with an adviser or someone who will evaluate, complete, submit, and be recognized.

There are five main categories in "Power of One," each having its own designated color:

- A Better You
- Family Ties
- Working on Working
- Take the Lead
- Speak Out for FCCLA

A Better You

The first, "A Better You," is represented by the color white. "A Better You" is strictly based on the growth of an individual, and by achieving the set goal; the individual most certainly becomes better. For example, "A Better You" goal could range from trying to listen more and talk less all the way to your physical health.

Family Ties

The blue represents "Family Ties." We can never forget those who support us in our FCCLA tasks, our family. "Family Ties" involves setting a goal to strengthen a family bond or to get a family more involved. A great example to pull the family together would be to cook as a family, sit down at the table, and eat the meal that has been prepared. This is a great way to bond with family. The cooking part opens up venues for trial and error, learning, and most of all, fun memories!



Working on Working

"Working on Working," is symbolized by gold. This unit is beneficial for high schoolers as college and the workforce is fast approaching. Many, if not all of us will need jobs to help support our education. "Working on Working" allows the time and organizational skills to work on just that, work. This could range from building a resume, research and learn more about a desired field, apply for a job, or successfully obtain one.

Take the Lead

"Take the Lead" is characterized by the color green. "Take the Lead" is about strengthening the leadership skills FCCLA most certainly has already provided. A good goal to set in this unit could consist of running for office in one's FCCLA chapter or even state.

Speak Out for FCCLA

Red, our strong FCCLA color, is only fitting for "Speak Out for FCCLA." This unit is all about spreading awareness of FCCLA. A great way to spread awareness is to speak to community members because many do not know about the fantastic works that FCCLA does for communities across the country.

Keep in mind, one does not have to complete all 5 units, but all 5 must be completed to be recognized at the State and National level, so keep working towards those goals! Please visit www.mifccla.org/students/powerofone.html to get more information about "Power of One."

Student College/Career Readiness



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- **Guaranteed skill training.**
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- **Serve your country (Freedom isn't Free).**
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Showing Your True Colors Through FCCLA

Gracen Yates, Vice President of Programs

When I decided to run for state officer, I was terrified. It was a spur of the moment decision between my adviser and I, and I thought I was crazy. Little did I know that becoming a state officer would be one of the best decisions I would make.

At school, I am very outgoing and friendly. I act like myself, and I don't really care what others tend to think. At soccer and work, I am the same way. You'll always hear me, no matter where I am. I speak my mind and just love being myself. When it came to FCCLA, however, I was more reserved. I didn't want to put my ideas out because I was scared of them getting shut down. I guess you could say I was scared of rejection. When I began FCCLA, I just went through the motions. Meetings here, a meeting there, fill out some paperwork, repeat. I never imagined that I would hold one of the biggest

leadership positions in the state. Then came the Fall Leadership Conference (FLC). At this meeting, I was forced to step out of my comfort zone, and of course I hated it at first. I didn't want to make new friends, I didn't want to mingle, I was comfortable with my chapter and that was it. After about a half hour of mingling, I found out it wasn't as bad as I thought. Many of the people I was with had the same passions and ambitions that I did, and that made bonding so much easier. I then realized that it was okay to be myself through FCCLA. I had found myself a second home. A home where I knew I wouldn't be judged, shut down, or pushed away. FCCLA is a builder of homes for the future. I then knew that I didn't just have a second home, but a

forever home.

After having this breakthrough, time seemed to be stuck in fast forward, and before I knew it we were on the bus going to the State Leadership Conference (SLC). I knew that I was beyond ready to take on this challenge. Having had some problems in my life right before this conference, I knew that having a "getaway" in my second home would help me out tremendously. I was struggling really badly at this point in my life, but being with my FCCLA family kept me going and still continues to this day. Now back to the State Leadership Conference. We arrived and I dove into meetings head on. I wasn't afraid to raise my hand or speak my opinion, and it was one of the greatest feelings in the world. I felt accepted, and I knew that I was welcomed with warm arms there. This conference was gone in the blink of an eye it seemed, and next I knew, I was on stage getting elected as a state officer for the 2016-2017 year. Once I got elected,

I knew that nothing would slow me down this year, and so far, nothing has.

Now, how does this relate to showing YOUR true colors through FCCLA? Well, through this amazing youth club, I have found myself. I have found my voice, my place in this family, and have finally made a decision on my future career. I have found my strengths, my weaknesses, and most importantly, I have found my confidence. Through FCCLA, I will continue to show MY true colors by only being myself. There's nothing better you can be, than you! Let me and FCCLA help you find yourself and show your true colors. The possibilities are endless!





The Sweet Side of STAR Events

William Wright, Vice President of Competitive Events

One of the great things about being involved in FCCLA is the networking. You are able to meet and be around members from different schools that have some of the same aspirations as you. A great way of making this possible is through STAR events (Students Taking Action with Recognition). STAR events are competitive events in which members are recognized for proficiency and achievement in chapter and individual projects, leadership skills and occupational preparation. Through STAR events, they offer cooperative, individual, and competitive skill development which will help you in the everyday work environment.



At our State Leadership Conference, which will be held on March 22-24, 2017 in Midland, Michigan, all of your hard work will be tested. You will be given the chance to compete to see if you qualify for the National Leadership Conference which will be held in Nashville, Tennessee, in the summer of 2017. Along with competing at the State Leadership Conference, there will be a great keynote speaker, as well as great workshops being presented during your stay in Midland. Then on the last night we will have a banquet where you will eat some delicious food, as well as witness the announcement of the new State Executive Council officers. Then afterwards, dance the night away with your fellow FCCLA members.



So if you have not started or do not know what you would possibly be interested in, be sure to attend the Fall Leadership Conference in November to see examples of STAR Event projects during the student workshops, as well as visiting our Michigan FCCLA website at www.mifccla.org where you can find descriptions of each event.

FCCLA has a variety of categories that fit everybody's preferences and interests. A few of our favorite STAR Events are:

- Career Investigation
- Entrepreneurship
- Environmental Ambassador
- Focus on Children
- Illustrated Talk
- Life Event Planning

STAR events are a great way to meet new people not only through just the competition part of FCCLA, but through volunteering as a timer or judge as well during STAR Events.





Go for the Red

Cheyenne Harris, Vice President of Membership

This year is the 71st anniversary of Michigan FCCLA. Increasing membership is key to any organization! “Go for the Red” is an FCCLA membership campaign that provides incentives for members and chapters working to increase membership. “Go for the Red” empowers students to recruit, retain, and recognize members.

By increasing membership, you are increasing everyone’s opportunity to network within school and at the state level. When membership increases, more funds are generated that will help support state meetings, state conferences, state publications, leadership training, special workshops, statewide projects, and more. When we have more members, we have more people focused on improving the quality of life for families and their community.

Participating in “Go for the Red” not only provides you with recognition, but also allows you, your chapter, and our state to showcase our abilities to create and implement a successful recruitment campaign. When you choose to participate in the 2016-2017 “Go for the Red” campaign, you will find that there are several incentives offered at each level to inspire some friendly competition among our FCCLA members. For example, my friend at school participated in this event and won a 50 dollar voucher to the National FCCLA store and 250 dollars in cash. These are only some of the prizes that are offered.

There are several things you should know prior to participating:

- 1) Members recruited must be new FCCLA members.
- 2) Middle school members may apply for recognition, but are not eligible for prizes.
- 3) In the event of a tie, winners will be evaluated based on recruitment efforts in the local chapter.
- 4) Also, individual winners are based on the most members recruited in their specific school size category.

Small schools are considered to have 250 students or less, medium schools are considered to have between 250-1000 students and large schools are considered to have 1000 students or more.

State winners are based on the largest percentage increase in the number of Youth Scholarship applicants, Adult Award applicants, National Program Award applicants, and state membership numbers.

Specific awards and additional information can be found at www.fcclainc.org



Getting to Know Your State Executive Council



Thomas Ankley
Kalamazoo Central High School

1. It takes a lot to wake me up; I am a very deep sleeper.
2. I have a tendency to break every phone I've had.
3. I get my college tuition paid for because of the Kalamazoo Promise.

Favorite Candy: Sour Patch Kids
Dream Job: Neurological Surgeon

tankley@mifccla.org

State President



Megan Norton
Branch Area Careers Center

1. My favorite late night snack is popcorn with extra salt.
2. I am talented when it comes to walking in heels.
3. My favorite movie is "Miss Congeniality" with Sandra Bullock.

Favorite Candy: Milky Way
Dream Job: My dream job is to be an assistant for Celine Dion

mnorton@mifccla.org

First Vice President



Gracen Yates
Branch Area Careers Center

1. I have worked at McDonalds for over a year and a half.
2. I have never dyed or highlighted my hair.
3. The first time I ever went to Cedar Point, there was a tornado, and we got kicked out of the park.

Favorite Candy: Swedish Fish, Kit Kats
Dream Job: Have my own headstart/preschool class.

gyates@mifccla.org

VP of Programs

Getting to Know Your State Executive Council



Casey Hulbert
Byron Area Schools

1. My middle name, Lane, is from a famous bull rider named Lane Frost, who lost his life in the line of work. There is also a movie about him: "8 seconds"
2. I have many animals, like dogs, cats, horses, donkeys, ducks, turkeys, and rabbits.
3. I am completely obsessed with peach tea.

Favorite Candy: Dove dark chocolate

Dream Job: Psychologically rehabilitating people using therapeutic animals.

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VP of Community Service



Cheyenne Harris
Romulus High School

1. I have 3 older brothers, and I'm the youngest out of all of us
2. I am CPR & AED certified
3. My favorite animal is the dolphin

Favorite Candy: White Chocolate Kit Kat

Dream Job: Head Athletic Trainer for the Detroit Lions and Miami Heat

charris@mifccla.org

VP of Membership



William Wright
Kalamazoo Central High School

1. I used to play the piano all through elementary
2. I am the middle child out of three
3. I play three sports

Favorite Candy: Snickers

Dream Job: Athletic director for a D1 college program

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VP of Competitive Events